

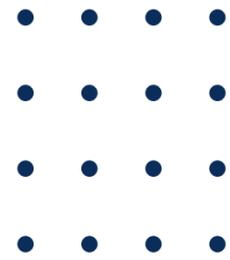


"I now feel disconnected from my community and from society. The relationships I have with people are no longer meaningful."





**Canada
HomeShare**
by NICE



AN INTERGENERATIONAL PATHWAY TO

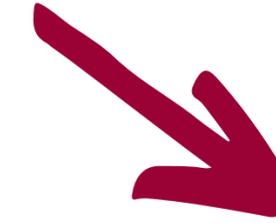
**SOCIAL
INCLUSION**

www.canadahomeshare.com



Social Inclusion/Exclusion

Quality of Life
Resources
Participation



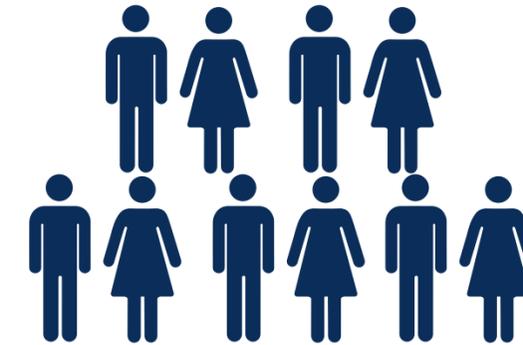
Social Exclusion



- higher depression scores
- unmet ADL or unmet IADL needs
- not feeling safe with those closest to respondent
- widowed or divorced
- being female

Risk
Factors
for
Elder
Abuse

Social Inclusion



- community
- interpersonal relationships
- feeling of safety
- ADL & IADL needs met
- feeling of connectedness

Protective
Factors
against
Elder
Abuse

HomeSharing: The Bridge Between Generations?

News / Canada

Aging in place: How Baby Boomers are breaking Canada's real estate market

In one of the tightest real estate markets ever recorded in Canada, Boomers are not letting go of their homes

Deborah Stokes
Jan 26, 2022 • January 26, 2022 • 3 minute read • 428 Comments



PostEverything • Perspective
The cure for pandemic loneliness? Friends of a different generation.

Baby boomers vs. millennials: The fight over real estate heats up

Royal LePage CEO Phil Soper speaks about how millions of baby boomers are intending to buy homes in the next five years

Larysa Harapyn
Jun 30, 2021 • 2 days ago • < 1 minute read • Join the conversation

EDITORS' PICK | 3,580 views | Aug 28, 2020, 12:40pm EDT
Hundreds of Thousands Of Nursing Home Residents Don't Need To Be There
Howard Gleckman Senior Contributor @
Personal Finance
I cover tax, budget and retirement policy from Washington



Young people way more likely to experience severe housing unaffordability in Toronto

Real Estate

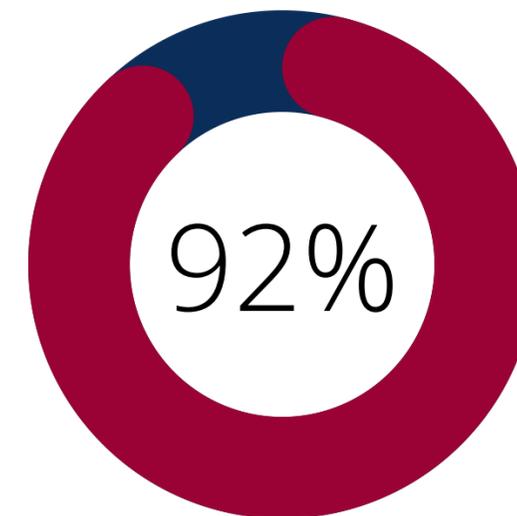
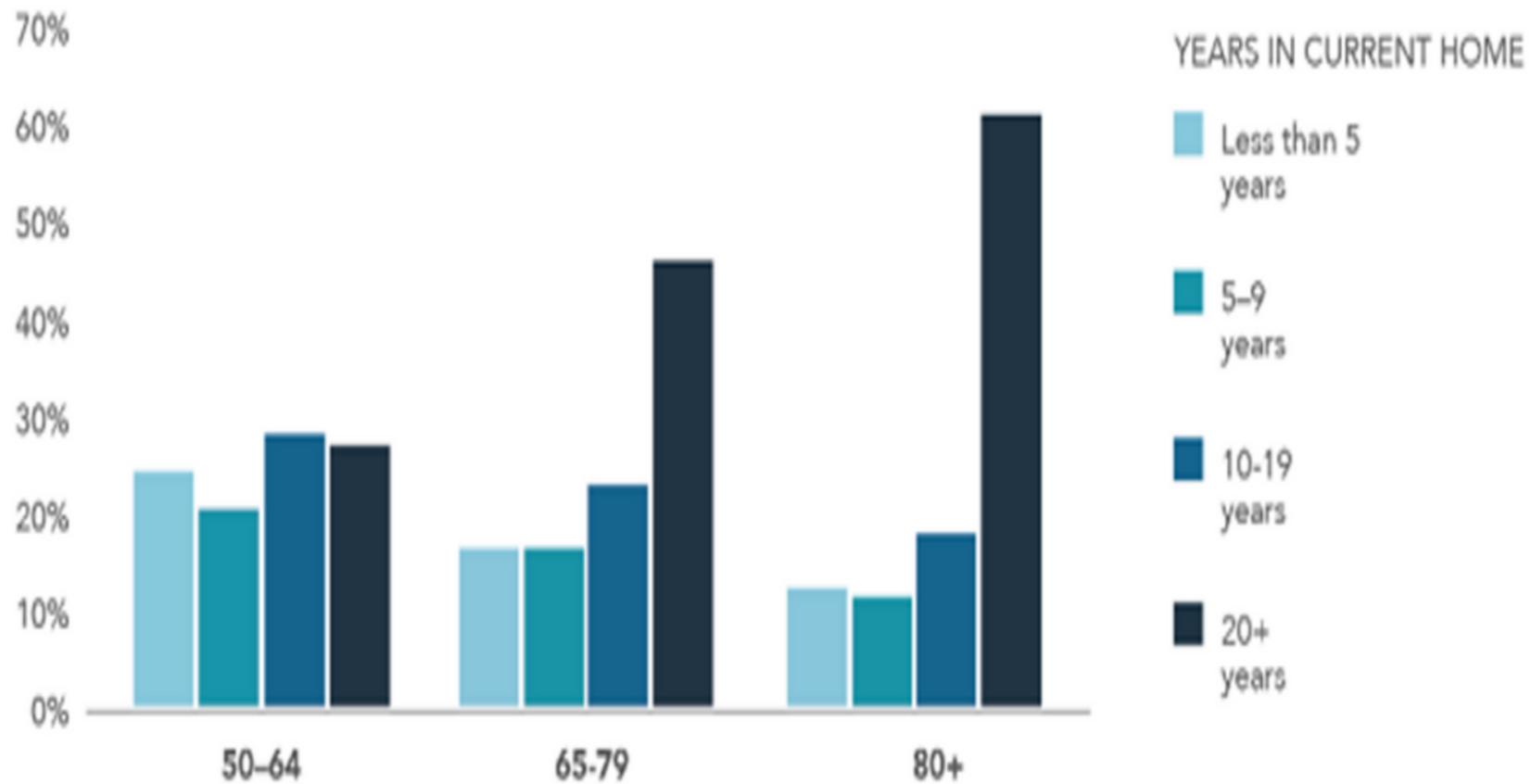
Karen Longwell Posted 25 days ago

Finding reasonable and affordable housing in Toronto has become increasingly difficult, particularly for younger people.

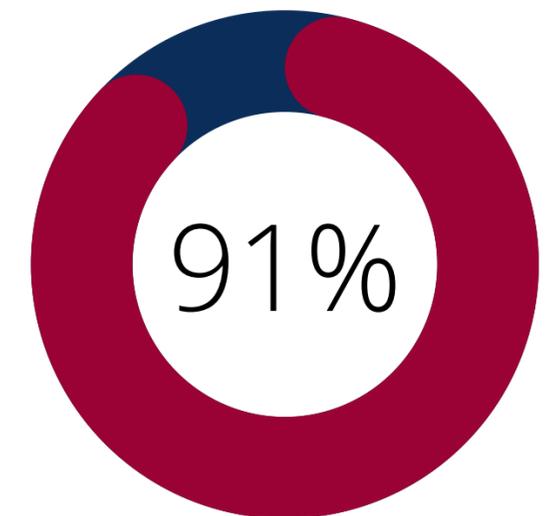


Where Do Older Adults Live?

Many seniors are still in the same home they lived in for decades.



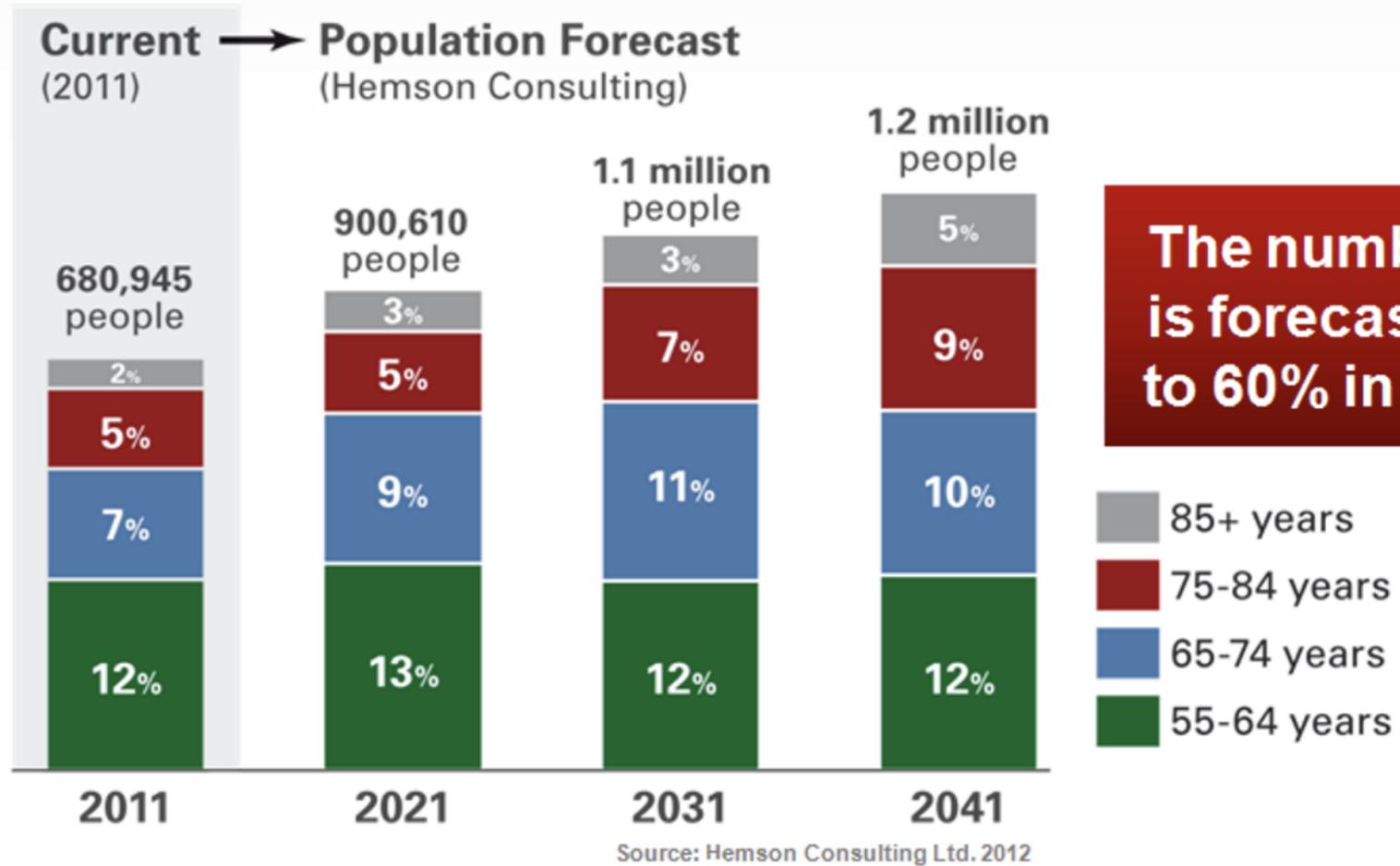
Of older Canadians live in the community (not institutions)



Of Canadians want to remain in their home as they age

Sources: Statistics Canada; NIA

The City must be ready to address the growing number of diverse older adults.



The number of older adults is forecasted to grow by up to 60% in the next 20 years.

“The stairs are getting so hard to climb.”

“Since my wife died, I just open a can of soup for dinner.”

“I’ve lived here 40 years. No other place will seem like home.”

Income: 39% earn between \$15,000- \$25,000

Living Alone: 45% Women, 24% Men

Home Ownership: 66%, and 2,000,000 empty bedroom

Many older adults want to “age-in-place” – stay in their own homes as they get older – but may have concerns about safety, getting around, or other daily activities.

2018



TORONTO SENIORS STRATEGY 2.0



Call **311**

Recommendation 11

Toronto Seniors Strategy

- Part of the Toronto Senior's Strategy 2.0
- Council approved 27 high-impact recommendations for immediate implementation
- Recommendation 11
 - Seek funding from Ministry of Seniors Affairs for pilot HomeShare Program
 - Grant submitted and approved
 - National Initiative for the Care of the Elderly (NICE) was the lead community partner to design and implement the program

Why a HomeShare Program?

- Older adults 55+ represent 25% of the population in big Canadian cities, including Toronto
- Aging-in-place = stuck-in-place?
 - Living in the community at the expense of social, financial, and physical well-being
- Older adults maybe 'overhoused'
- Issues of affordability and attainability
 - Asset rich and people poor
- Up to 2 million empty bedrooms in the homes of older adults = opportunity (66% home ownership)
- Push factors out of the 'community' include those related to ADLs and IADLs and financial support

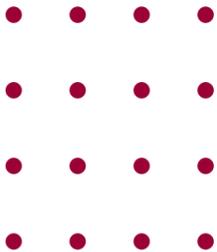


**Vacancy Rate:
3.2%**

**Rental Rate (avg. 2 bedroom
apartment):
\$1,165**

Source: 2020 Rental Market Report, CMHC

Scoping Review on HomeShare



Benefits/Challenges

Several home providers reported feeling awkwardness in relation to directly addressing issues within the homesharing process, included asking home seekers to complete agreed-upon household tasks and enforcing house rules.



Social Exchange

Intergenerational homesharing enabled the practice of intergenerational solidarity as measured along associational, affectual, and functional dimensions resulting in a marked increase in frequency of intergenerational contact .



Agency Facilitation

Studies spoke to the important role of agency involvement broadly in terms of feeling reassured in knowing that agency support is available and staff was easily contactable if needed.

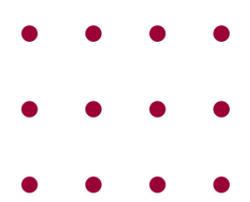


Facilitated HomeShare Model

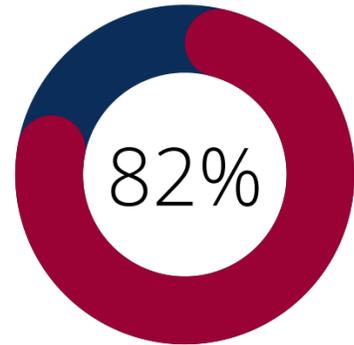
\$400 - \$600 in subsidized rent, and
\$400 - \$600 in additional income
Real matches made by real social workers



Evaluation, Output, and Performance Measures

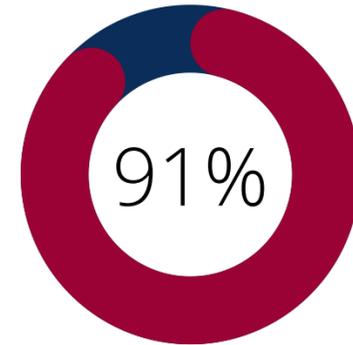


Participants in the project were asked to complete a 167 question exit survey exploring issues related to quality of life, community connectedness, financial well-being, intergenerational engagement; and the program was evaluated along various dimensions including feasibility, 'deal breakers' and overall satisfaction.



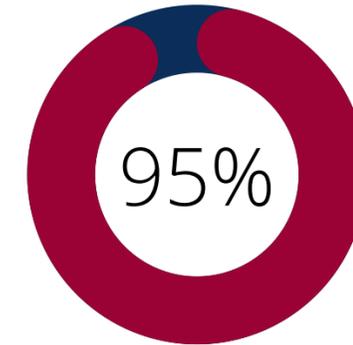
Networking:

The project helped them to network and participate more actively in their community



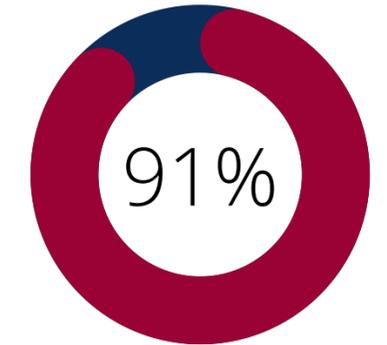
Social Engagement:

Participants agree that participation in the Project improved their levels of social engagement



Well-being:

Participation in the Project advanced their financial and general well-being



Volunteering:

Volunteering allowed them to engage more with the community

Cost Analysis for Sustainable Backbone

Best Practices Review

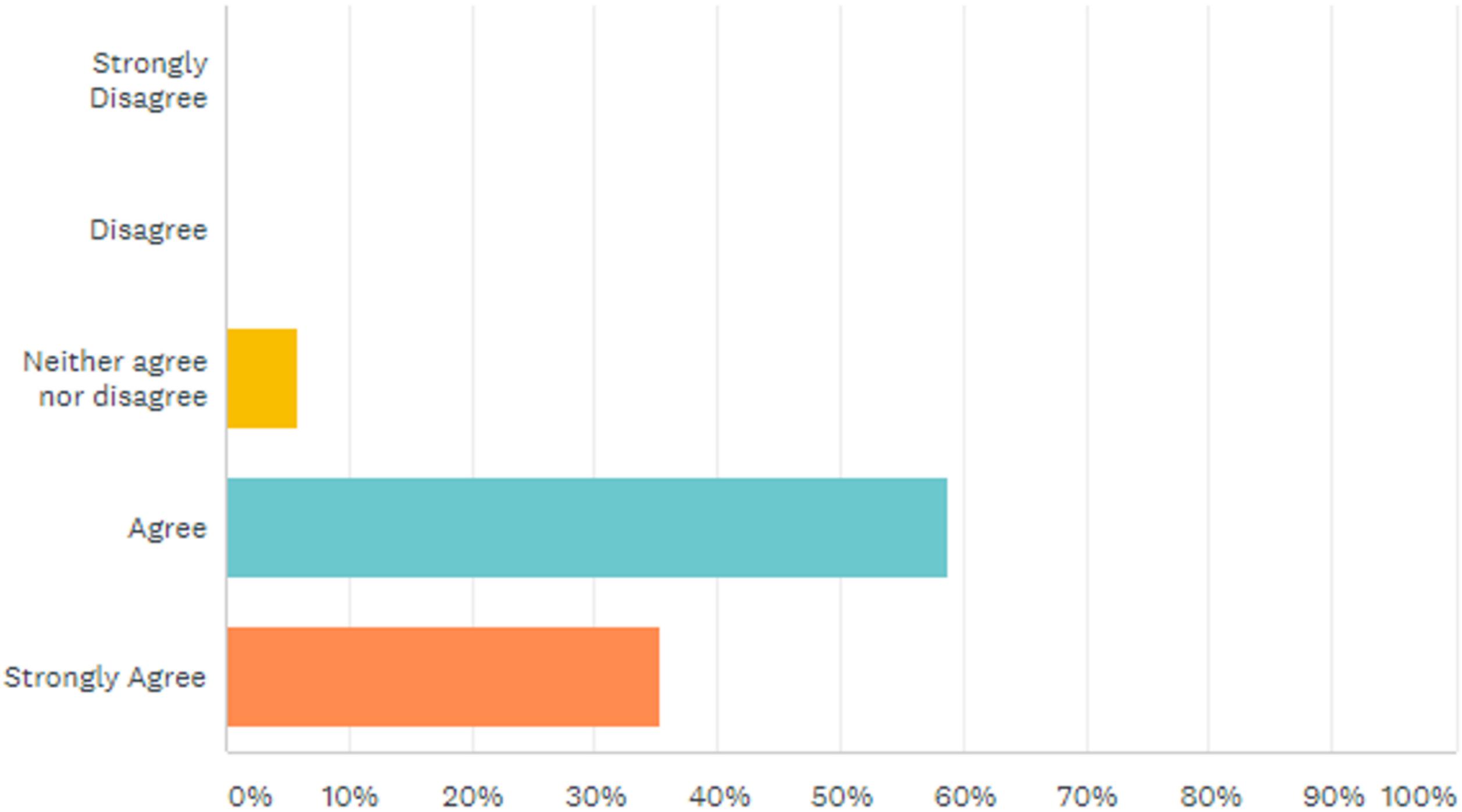
Website:
www.homeshareTO.com

HomeShare Program Toolkit

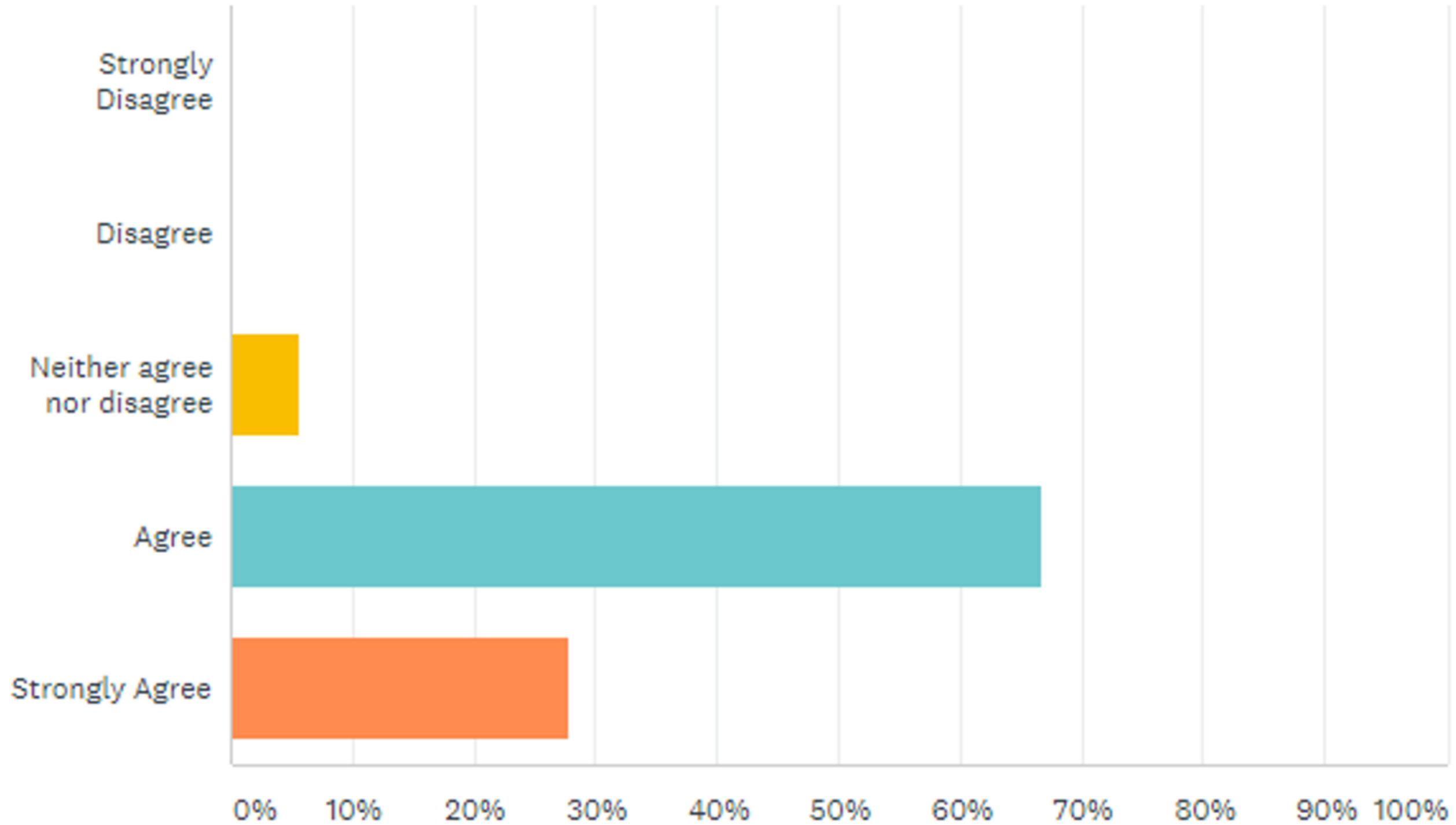
What are some of the benefits to you from participating in the Toronto HomeShare Pilot Project? (Please check all that apply)



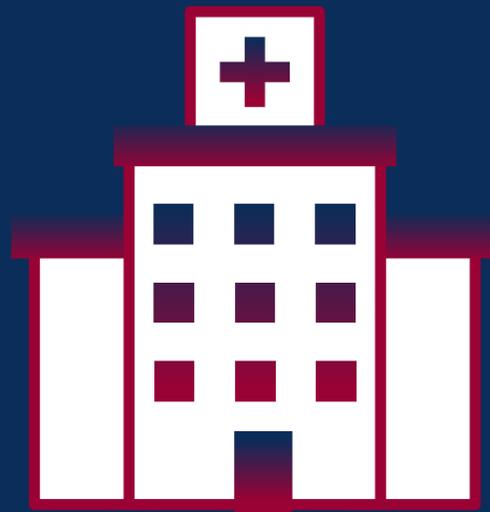
Activities associated with intergenerational programs, such as the Toronto HomeShare Pilot Project, may prevent or address social isolation.



HomeShare programs could delay the need to move out of a community.



Let's Focus on Protective Factors...



\$842/day



\$126/day



\$42/day



\$0.54/day

← **Increasing costs, pushing people out of community** →

Canada HomeShare Timeline

Toronto Senior's Strategy 2.0 results in NICE submitting grant to pilot the The Toronto HomeShare Pilot Project

2018

We receive funding to pilot our facilitated model in 10 cities across Canada, becoming Canada HomeShare

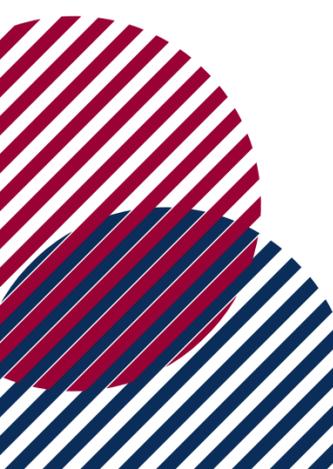
2021

We become fully funded as the Toronto HomeShare Program

2019

We have live sites in Toronto, Metro Vancouver, Kingston Peel Region, and are about to launch sites in Peterborough and Winnipeg

2022





Canada HomeShare Cities



- Toronto
- Barrie
- Metro Vancouver
- Kingston
- Peel Region
- Peterborough
- Oshawa
- Ottawa
- Calgary
- Winnipeg
- Montreal
- Halifax

**In 1985 the Golden Girls made
us fall in love with the
concept of homesharing**



How Does Canada HomeShare Work?

Canada HomeShare is a series of steps that you will be guided through by your Canada HomeShare social worker.

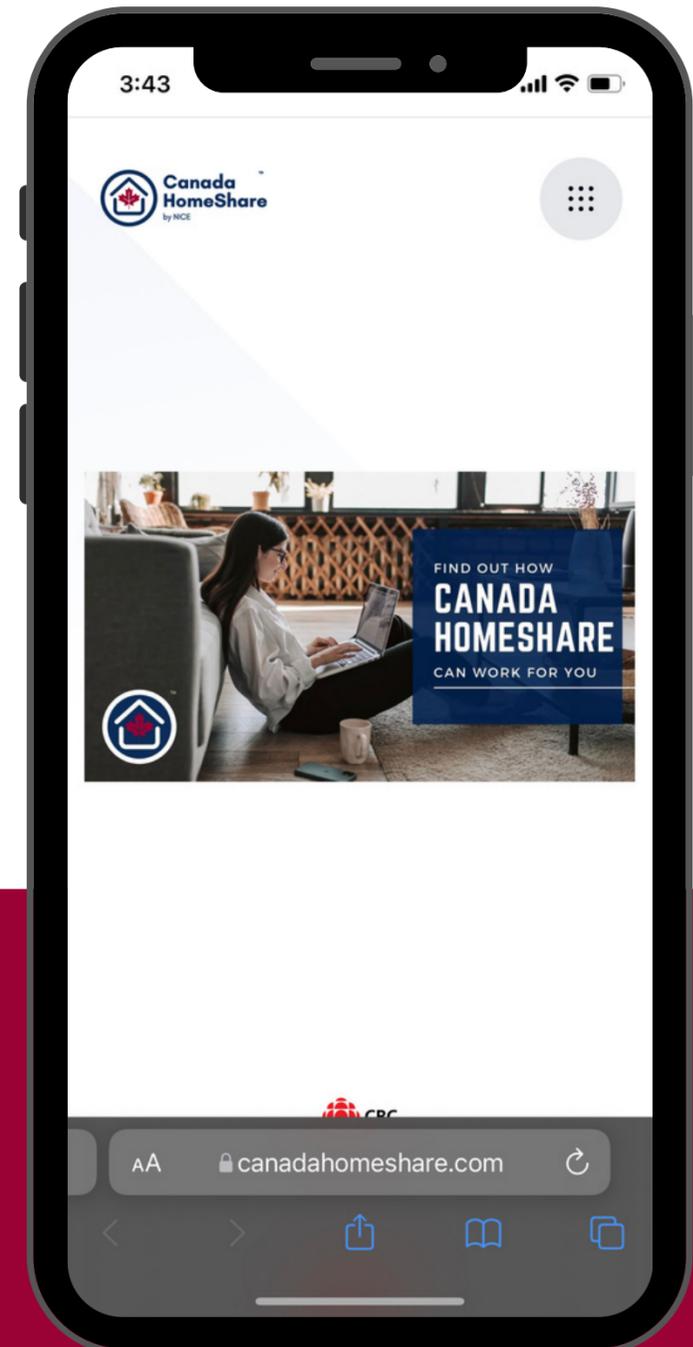
Real matches made by real social workers



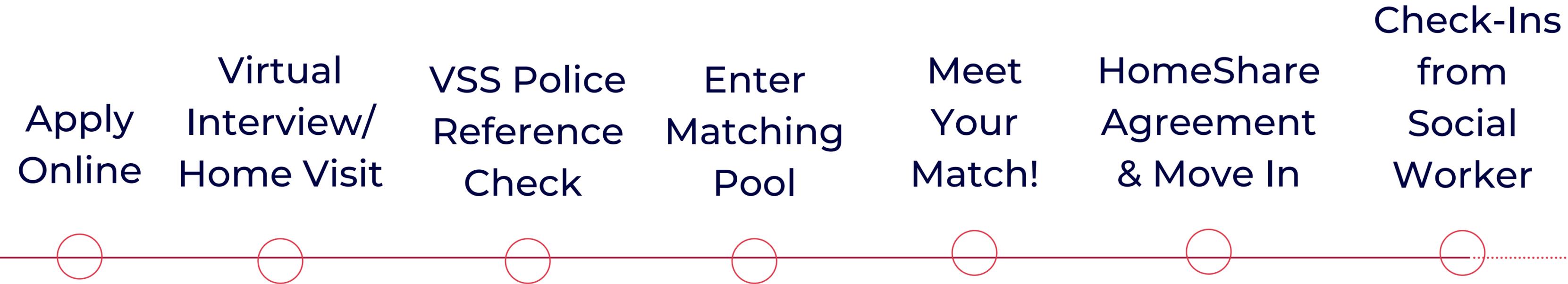
Fill out an online application



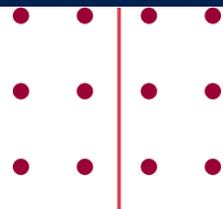
Let us get to know you!



The Canada HomeShare Process



The timing of these steps is up to you



What is the HomeShare Agreement?

It is a written agreement between the home provider and the student created by their Canada HomeShare social worker.



Main Sections

- HomeShare tasks to be carried out by the student/timing of these tasks
- House rules and preferences/allergies
- Communication guidelines
- The student's space and guidelines regarding use of other spaces in the home
- COVID-19 safety protocols
- Use of emergency contacts
- Expectations about the relationship



What might Canada HomeShare students do?

Running errands, shopping, light household chores, snow maintenance, lawn and yard maintenance, meal prep, cooking, technical assistance, companionship



What can't they do?

HomeShare students **can't replace a caregiver**, provide any form of hands on care, feeding, administering medication, or surveillance of a home provider



Testimonials from Canada HomeShare Participants



HOME PROVIDER

We social distanced for 8 months during COVID. Some mornings we'd have coffee together, me at the top of the stairs, her at the bottom. Small things like this were the difference between feeling alone and being connected



STUDENT

My home provider has a huge garden but she was having a hard time with all of the work so she didn't plant one last year. We make a pretty good gardening team. I'm leaning so much and she has her garden back. When I see her out there it just makes me so happy.



HOME PROVIDER

I had lost interest in cooking after my husband died. During COVID my student and I started watching cooking videos online and learned to make new recipes together. I really look forward to our Wednesday night dinners



Bringing Canada HomeShare to Your City

Community partnerships
Academic partnerships
Funding

Send us an email

info@canadahomeshare.com

Frequently Asked Questions

Do I have to prepare meals for my student?

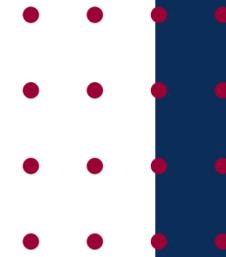
How long do matches last?

Do I have to own my home?

I think I might like to participate but I'm not sure. What should I do?

Is Canada HomeShare just for single older adults or can couples apply?

What do you do to make sure participants are safe?



**Real matches made by
real social workers**

Have Questions or Want More Information?

CANADA HOMESHARE WEBSITE
[HTTPS://WWW.CANADAHOMESHARE.COM/](https://www.canadahomeshare.com/)

NICE WEBSITE
[HTTPS://WWW.NICENET.CA/](https://www.nicenet.ca/)

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**Canada
HomeShare**
by NICE

